

When should I keep my child off school?

It can be difficult to know whether to send your child to school if they are feeling under the weather. Our quick traffic light guide is designed to help you make that decision. **Green is bring them in, yellow stop and consider, and red is stay at home for now please.**

Please be assured that we will always call you if your child is not well enough to be at school.

Illness	Advice
Chicken Pox	Back to school 5 days after onset of the rash (when the pox spots scab over)
Common cold	Ensure good hand hygiene
Conjunctivitis	Try not to touch eye to avoid spreading
Flu	Ensure good hand hygiene
German measles	Back to school 6 days from the onset of rash
Glandular Fever	Child needs to be physically able to concentrate
Hand, foot & mouth disease/ slapped cheek	Only needs to stay off if feeling too ill for school (school need to be aware)
Head lice	Must be treated ASAP
Impetigo	Back to school when lesions crust or 48 hours after antibiotics start.
Measles	Back to school 4 days from onset of rash
Ringworm	Treatment from GP
Scabies	Back to school after first treatment
Shingles	Only stay off school if rash is weeping and cannot be covered
Sickness bug/diarrhoea	Stay home for 48 hrs after last episode. See GP if last 48hrs or more.
Temperature	If this can be managed with Calpol then attend school
Threadworms	Ensure good hand hygiene
Tonsillitis	See GP if temperature lasts more than 48 hours or cannot swallow
Whooping Cough	Back to school after 5 days of antibiotics